



SERVICE LEARNING TRIPS





WE ARE THE MEDLIFE MOVEMENT

MEDLIFE is a **501(c)(3) non-profit organization** that partners with low-income communities in Latin America and Africa to improve their access to healthcare, education, and safe housing.

In order to achieve the ultimate goal of a world free from the constraints of poverty, we empower students and volunteers to become advocates for change through traveling on Service Learning Trips and participating in on-campus Chapters.



WHAT IS A SERVICE LEARNING TRIP?

A Service Learning Trip is a **week-long educational journey** to Peru, Ecuador, Tanzania, or Costa Rica, where volunteers work hand in hand with the local community on development projects, mobile medical clinics, and more.

The trip allows volunteers to gain a deeper understanding of the root causes of poverty by personally connecting them with the communities that MEDLIFE supports.



MORE THAN A MISSION TRIP

Short-term medical missions and voluntourism have been fraught with ethical problems for decades. MEDLIFE was born out of a desire to do better. Rather than imposing traditional approaches, **we follow the lead of local professionals and community leaders** who've spent a lifetime understanding the issues on the ground.

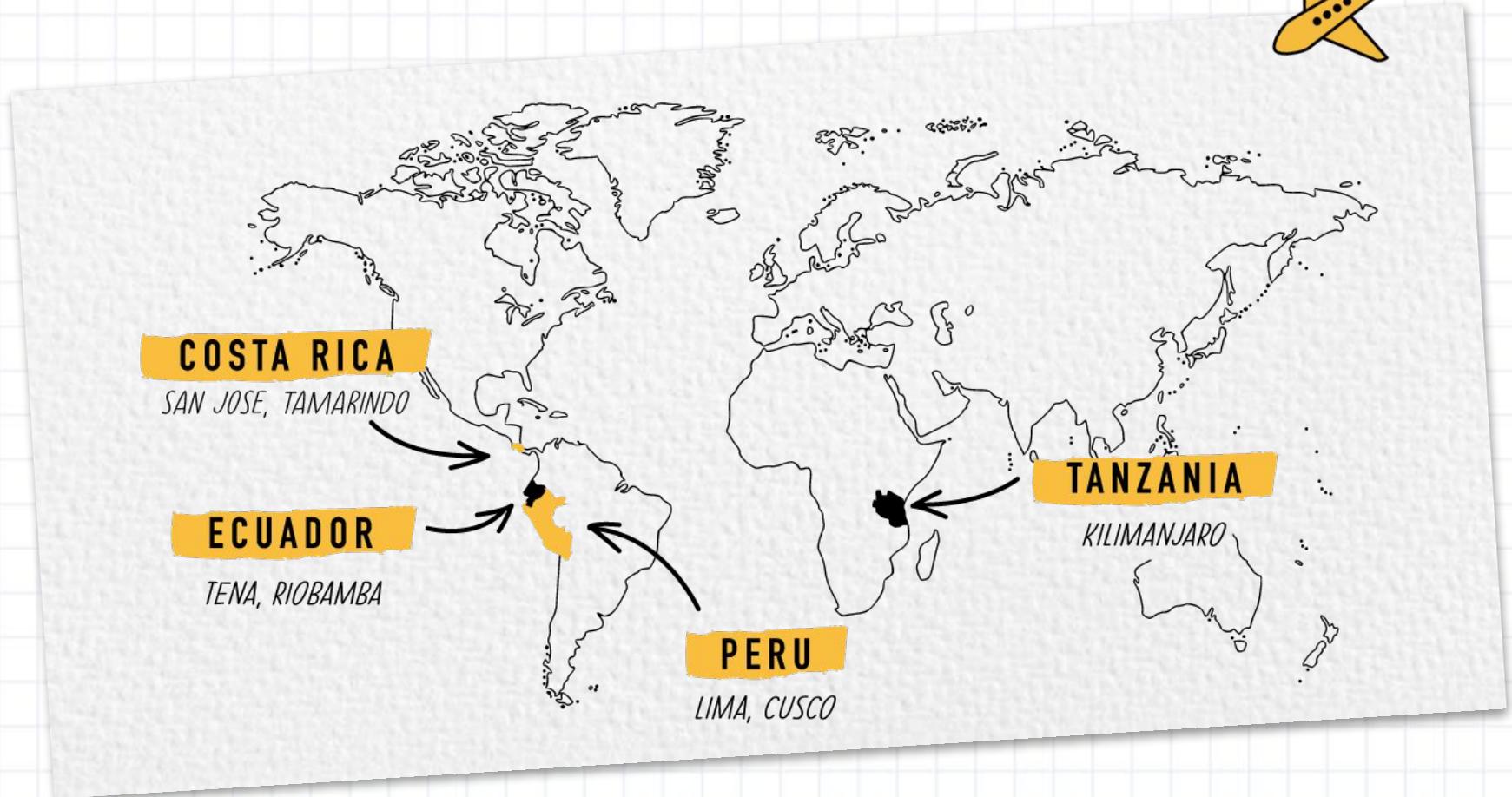
Even when the trip comes to an end, our team continues following up on our projects and patients, ensuring we create the **long-term impact** that our partner communities deserve.



SEVEN AMAZING DESTINATIONS

From the lush Amazon jungle of Tena to the magnificent mountains of Cusco, each destination has its own unique cultural context and offers a different perspective on poverty and global health.

1. Lima, Peru
2. Cusco, Peru
3. Riobamba, Ecuador
4. Tena, Ecuador
5. San Jose, Costa Rica (new)
6. Tamarindo, Costa Rica (new)
7. Kilimanjaro, Tanzania (soon)



HIGHLIGHTS OF THE TRIP



Engage: Shadow local medical professionals and work alongside community members on a development project



Educate: Connect experiences from the field to academic themes through educational discussions



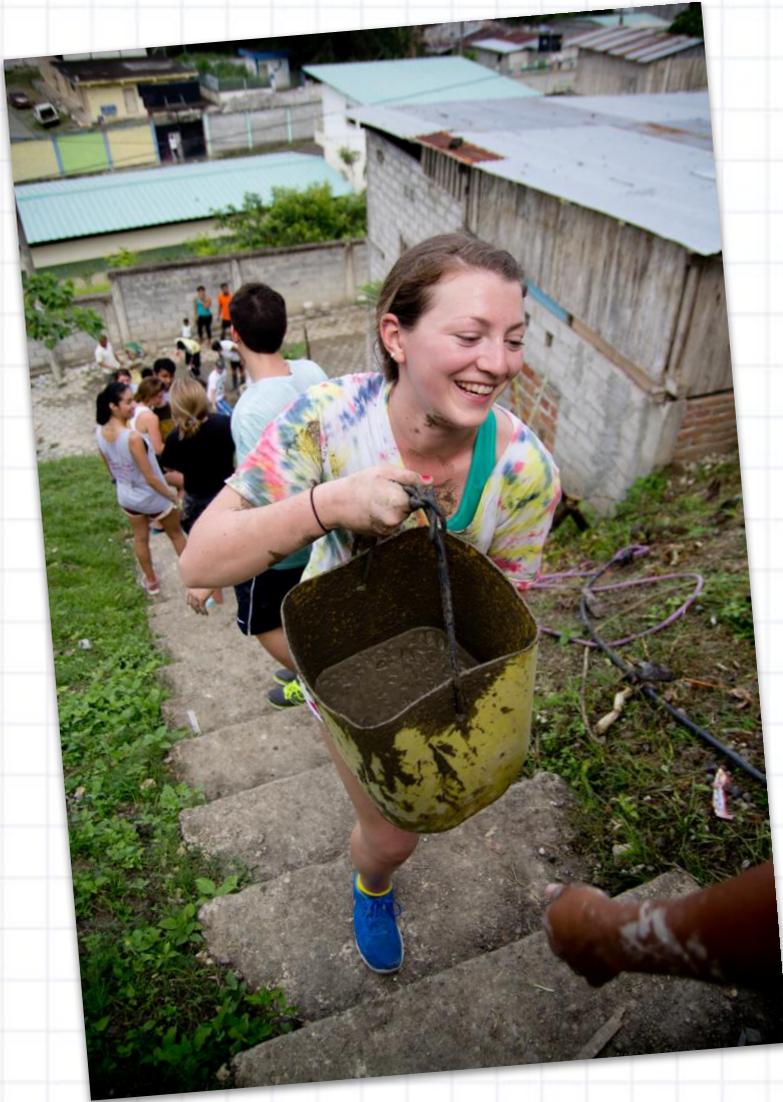
Build your CV: Gain 40 service hours!



Advocate: Become a global citizen and learn how to advocate for social issues, both locally and abroad



Travel: Explore more of the adventure, culture, and wildlife of our destinations by adding travel extensions to a Service Learning Trip



SLT Itinerary

DAY 0 & 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
Transfer in & Orientation	Reality Tour	Mobile Clinic	Mobile Clinic	Mobile Clinic	Project	GLE (optional)	Transfer Out
Saturday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 PM-1:00 AM TRANSFER IN <small>(this might vary depending on location)</small>	7:00 AM Breakfast	6:30 AM Breakfast	6:30 AM Breakfast	6:30 AM Breakfast	7:00 AM Breakfast	OPTIONAL TOUR	3:00 AM-9:00 PM Back to Home
	8:00 AM Bus to community	7:30 AM Bus to community	7:30 AM Bus to community	7:30 AM Bus to community	8:00 AM Bus to community		
	8:30 AM - 1:30 PM Reality Tour	8:30 AM - 2:30 PM Clinic Day 1	8:30 AM - 2:30 PM Clinic Day 2	8:30 AM - 2:30 PM Clinic Day 3	8:00 AM - 1:30 PM Project Inauguration		
Sunday	Bus to Hotel						
9:00 AM Walking Tour		5:00 PM Talk 1	5:00 PM Talk 2	5:00 PM Talk 2			
5:00 PM Welcome meeting & Orientation	6:00 PM Dinner						

*Schedule might change depending on destination.

MOBILE CLINIC STATIONS AT A GLANCE

During the **Mobile Clinic** days, volunteers are assigned to a station where they will shadow the local professionals as they provide healthcare services. The stations include:



Triage Station

Here we obtain patients' contact information, basic medical history, and other data for the physicians to use during their consultations.



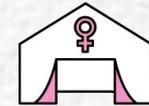
Education Station

A space to provide health education on various topics such as nutrition, gender-based violence, breast and Pap screening, among other health themes.



General Medicine Station

Patients have their medical consultations with doctors who address individual medical issues and identify patients who require follow up care.



OB/GYN Station

Addresses women's health issues, including breast exams and cervical cancer screenings. (Only female volunteers over 18 years old are permitted at this station)



Pharmacy Station

After the patient has visited every station indicated on their medical form, they will be directed to the Pharmacy Station to fill their prescriptions.



Community Roundtables

Gives volunteers the opportunity to listen, connect, and exchange stories with MEDLIFE patients, professionals, and community leaders.

WHAT ARE VOLUNTEERS SAYING ABOUT MEDLIFE?



“What I really liked about the SLT was that I was able to observe a lot of the things that I learned in my classes such as pharmacology, immunology, anatomy, and human physiology in clinical settings.”

Marco, University of California Santa Cruz



“This kind of trip opens your eyes. You need that in your life because you get perspective...It’s a once-in-a-lifetime experience and if you have the chance, you should do it.”

Varinder, SLT Volunteer and Parent



“Visiting the communities and learning about all these different peoples’ lives was super impactful and the patients gave me life-long lessons. I met MEDLIFE members and leaders from all over the globe who I still keep in contact with today.”

Sydney, Ohio State University



“The best thing about the SLT is that students get to learn leadership and see different things around the world that they would normally not learn...I think this is one of the best things for students to do instead of just taking classes and learning about it from afar.”

Professor Clifford Lo, Harvard Medical School

THE ABCs OF SAFE TRAVEL WITH MEDLIFE

Service Learning Trips Safety. At MEDLIFE we take safety seriously. We encourage you to read this page in conjunction with our [FAQs](#) and [booking conditions](#).



COVID-19 Insurance Coverage Options: Emergency medical insurance is included in the cost of your trip with a deductible of \$250 USD. However, **insurance for trip cancelation or disruption is not included.** We highly recommend purchasing upgraded insurance for more comprehensive protection.



Vaccination & Testing Requirements: COVID-19 Vaccination and Testing are no longer required to attend a MEDLIFE Service Learning Trip. However, we highly recommend all participants get fully vaccinated against COVID-19 (three doses) before traveling to their SLT destination.



Compulsory Safety Briefing: All participants must attend a mandatory Pre-Trip Safety Review aimed to ensure that all participants are aware of MEDLIFE procedures, precautions, and protocols. Upon arrival, volunteers will attend an extensive safety briefing that includes protective equipment along with face masks.



Safety During Mobile Clinics: We are in constant communication with our partner communities to understand their needs and concerns regarding COVID-19. Any patients exhibiting symptoms of COVID-19 are screened by a medical professional and separated to avoid contact with volunteers.



PRICING & INCLUSIONS

Pricing varies depending on group size and destination. Please visit our [SLTs website](#) for updated pricing or email info@medlifemovement.org for more information.

INCLUDED

- ✓ 7 nights dorm room accommodation
- ✓ Breakfast, lunch and dinner from Monday to Friday
- ✓ Transport to Mobile Clinics and Development Projects
- ✓ English-speaking Trip Leader
- ✓ Safety equipment (including face masks)

NOT INCLUDED

- ✓ Flights
- ✓ Tips
- ✓ Pre or post-trip accommodation
- ✓ Optional excursions
- ✓ Weekend meals



Any questions? Feel free to [book a call with a MEDLIFE Advisor](#) to find out more about our available scholarships and discounts for students and groups.

